



A Scientific Report on Effects of a Chanting Session on Body and Mind

By

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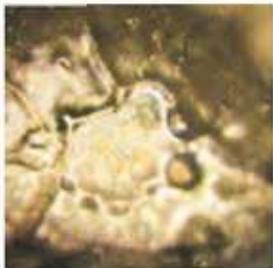
<http://www.einsteinandtesla.com/>

1. Introduction

Chanting is a common practice in all religions. It has been proved that those who chant regularly are healthier and live longer. Masaru Emoto has demonstrated chanting can create the order of molecular clusters of water (see pictures 1-2), which is the major component (over 70%) of our body.

It has been well known that chanting and praying are good not only to human beings but also for plants as well.

Previously Dr. Masaru Emoto registered the structural images influenced by audio harmonic impacts on the water molecules.



Picture 1. Molecular cluster of water
before chanting



Picture 2. Molecular cluster of water
after chanting

However to the best of our knowledge there has been an analysis of biometrical results by Ψ -tronic Tomography. It is therefore a great interest to carry out a case by case study to investigate scientifically the effects of chanting sessions on Body and Mind.

2. The Objectives:

Our objectives for the present study are as follows:

- 2.1. To investigate, if the chanting may or may not influence the body systems.
- 2.2. To analyze, which system is the fastest to respond to the vibrations of chanting.

3. Method

The healthy male subject aged 39, had been investigated with *Ψ -tronic Tomography (Ψ -TT)* scan 10 minutes **before** the chanting session

The same healthy subject had been investigated with *Ψ -TT* scan **after** 30 minutes of chanting session at one of the famous Thai Temples.

4. Instrumentation

- Ψ -tronic Tomography (Ψ -TT) - similar to MRI, but without harmful irradiation
- Protocol for Investigation

Ψ -tronic Tomography is an advanced technology, which is capable of detecting and registering the Ψ -trons (psy-trons) that are denoted by a Greek letter " Ψ " and represent elementary particles of the Ψ fields or fields of consciousness. Ψ -trons have been recently discovered by the international scientific team working with Albert Einstein and Nikola Tesla Scientific Foundation.

The protocol for the investigation is based upon the traditional concept of Body and Mind energy centers. Thus the scientists have selected the organs and tissues associated with the above mentioned centers or chakras.

The dynamic Ψ -TT test allows us to compare the dynamic changes in the Body and Mind functions and to detect the increase or decrease of the energy fluctuations in those areas.

5. Discussions.

We observed the following positive effects and grouped them accordingly

1 group: Heart area - +14%

2 group:

Neurohypophysis - +12%

Neurosensory cells - +9%

Cerebral Ventricles - +9%
 Epiphysis - +7%
 Pituitary gland - +6%

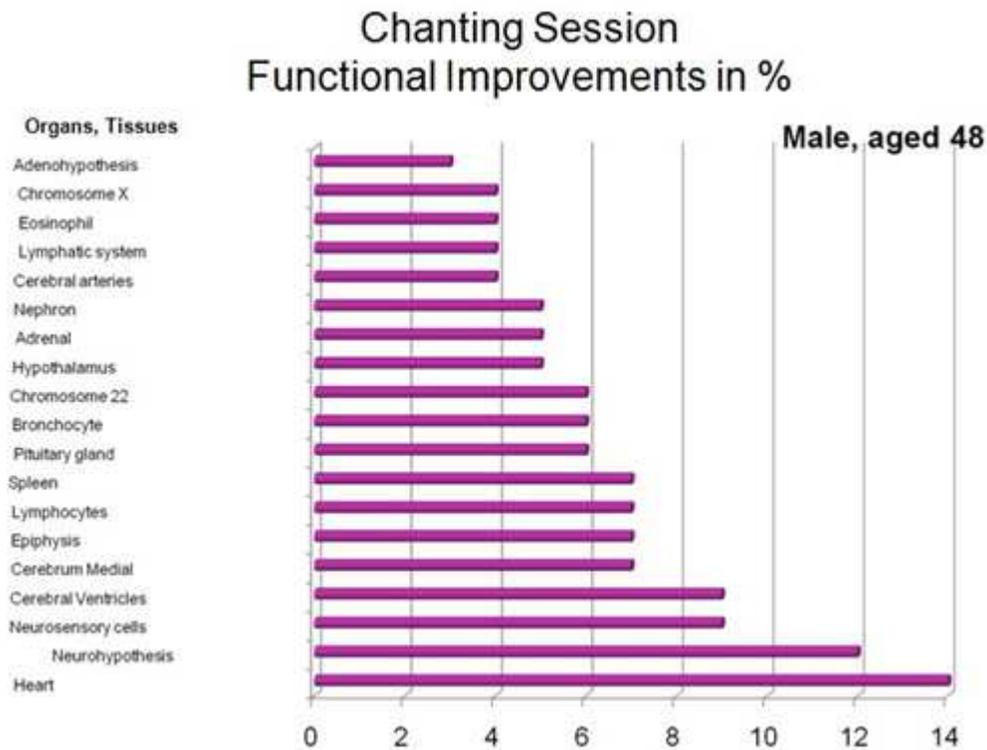
3 group included the Immune (blood and hormone) systems as below:

Spleen - +7%
 Lymphocytes - +7%
 Eosinophil - +4%
 Adrenal - +5%
 Nephron - +5%

In our case study we observed the positive energy influx and activation of the Heart area (+14%), following closely by Neurohypophysis (12%) responsible for neural uplifting effects with further positive influences on the blood cells, immune and hormone systems.

In case if we associate human organs with Chakras, we may describe that the chanting produced strongest effect on Heart Chakra closely followed by activation of "Third eye" (Neurohypophysis) with positive impacts on Body and Mind.

6. Results of functional improvements evaluated in % after 30 minutes of chanting.



Picture 3. Charts demonstrate the dynamics of functional improvements

7. The conceptual presentation.

7.1. Influence on Body and Mind



Picture 4. Conceptual presentation.

Conclusion.

The well known concept that chanting and praying positively influence not only human beings but also other forms of life and even the bio molecules was confirmed by the biometrical results of Ψ -tronic Tomography.

It is therefore of great interest to carry out a case by case study in order to investigate scientifically the effects of the chanting session on Body and Mind.

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